

Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Noraville

St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



Vision

To be A Vibrant Eucharistic Community

Pastoral Team

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Augustinian Sisters of Our Lady of Consolation - Convent

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Sr. Josefa Mabini OSA

Sr. Jennifer Canillas OSA

Parish Office Hours

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Sr. Josefa Mabini PH: 0402480933

Sacramental Coordinators

Sr. Jennifer Canillas PH: 0435 788 759

Cath Cefai PH: 0418 836 512

Sunday Parish Bus Service

Mrs Joan Haslam 4392 6892

Parish Schools

St Mary's

Principal Ms Emma Sellars 4396 5100

St Brendan's

Principal Ms Charlene Reid 4358 1501

St Brigid's College

Principal Mr Adam Murdoch 7256 2122

FOURTH SUNDAY OF LENT YEAR B

10th March 2024



The fourth Sunday in Lent is traditionally known as "Laetare" (Rejoice) Sunday. During Lent, the liturgy today reminds us of what we are about during this holy season. We rejoice because through Jesus we have received healing for our broken spirits. And we believe that if we live by the kind of love Jesus shows us from the cross, we too can be life-giving for a broken and suffering world. We are called to mirror what we see in Jesus' life, death and resurrection. And we hope that those who are just as broken can look to us to find help and healing.

In the Gospel of John, "eternal life" isn't something that starts when we die. It begins here and now for us. It means having a meaningful life, a life rich in God's presence, a life that draws from a deep source within our very beings. The Gospel life is a life of resolve and power to forgive others, a life of seeing by a light that is not of our own achievement but one that has been given to us. Eternal life is all this and so much more and it has been given to all of us who look on the Son of Man, the one "lifted up."

The story of Jesus and Nicodemus is not that of a private conversation about theology. It's about Christ's radical protest that was and is against the evil. The Gospel tells us that the coming of God's Son into the world has brought us light. If we see by that light we are guided by it and live the truth the light shows us. The overall message of Lent is not about condemnation, but what we hear repeated in today's Scriptures. Paul sums it up: "God who is rich in mercy even when we were dead in our transgressions, has brought us to life with Christ."

We have reason to Rejoice, indeed!

Fr. Baby

WEEKEND MASS TIMES

St Mary's Church Toukley

Saturday: Vigil 6:00pm Fr Tomy

Sunday: 7:30am Fr Tomy

9:00am Fr Tomy

6:00pm Fr Baby

Children's Liturgy 1st & 3rd Sunday at 9:00am
Mass (except school holidays)

St Brendan's Church Lake Munmorah

Saturday: Vigil 5:00pm Fr Baby

Sunday: 8:00am Fr Baby

WEEKDAY MASS TIMES

St Mary's Church Toukley

Monday 9:00 am

Tuesday 9:00 am

Wednesday 9:00 am

Thursday 9:00 am (Ordinariate of Our Lady of
the Southern Cross)

Friday 9:15am (Except 1st Friday of Month)

First Friday of Month Anointing of Sick

11:00am

Saturday 9:00 am

St Brendan's Church Lake Munmorah

Wednesday 9:00am

First Wednesday of Month Anointing of Sick

Thursday 9:00am

EXPOSITION BLESSED SACRAMENT

St Mary's Church Toukley

Each Saturday – After Morning Mass

SACRAMENT OF RECONCILIATION

St Mary's Toukley

Saturday 9:30am -10:00am (by appointment at
other times)

St Brendan's Lake Munmorah

Saturday 4:30 -5:00pm

MORNING PRAYER OF THE CHURCH

St Mary's Toukley

8:20 am Monday to Thursday & Saturday

8:45 am Friday

First Friday Night Vigil

Exposition after 7pm Mass until 12.30am



Welcome to our Parish. Today we celebrate the **Fourth Sunday of Lent, Year B.** We welcome you to our Church & are very pleased to see you here.

Upcoming Parish events - Save the Date:

Tues 12th Mar: St Brigid's school open Day

Thurs 14th Mar: St Brendan's Year 1 Mass

Thurs 14th Mar: Lectio Divina at Parish Centre 5pm

Sat 16th Mar: Family Mass/cricket St Brendan's from 3.30pm

Sun 17th Mar: St Patrick's day, Sr Josie's birthday morning tea and St Mary's Year 4 Mass

Wed 20th Mar: 1st Sacrament of Reconciliation St Brendan's 3.30pm

Thurs 21st Mar: 1st Sacrament of Reconciliation St Mary's 3.30pm

Thurs 21st Mar: St Brendan's Kinder Mass

Thurs 28th Mar: St Brendan's Whole School Mass

Thurs 28th Mar: Holy Thursday

Fri 29th Mar: Good Friday

Sat 30th Mar: Easter Saturday

Sun 31st Mar: Easter Sunday



Fridays in Lent

Stations of the Cross - during Lent we have the Stations of the Cross on every Friday at St Mary's **8:30am** (before 9:15am Mass).

Each week a different group will lead the Stations. **On Fri 15th March, St Mary's Mission Council** will be leading. The Stations of the Cross on first Friday will be at **10:30am before healing Mass.**

The Light is On at St Mary's with Confession and Exposition of the Blessed Sacrament **7:00-7:30pm** every Friday of Lent.



Sacrament of Reconciliation - We thank the families of our candidates who attended the weekend Mass and presented their child/ren to the Parish. Please continue to include them in your prayers.

Reminder of the Schedule:

Wed 20th March at St. Brendan's Church, 3:30pm

Thurs 21st March at St. Mary's Church, 3:30pm

A Message from Fr. Baby - "Dear parishioners, on behalf of my family and myself, I sincerely thank everyone for your prayers and consoling words and also for the financial support at the demise of our beloved sister Rev. Sr. Tincy Thomas. Warm regards, Fr. Baby"

Easter Rosters - This weekend the Rosters for Easter are now in the back of the Church. Please take a look at them and see where you would possibly be able to help in some way. Families are welcome to join in the Stations of the Cross at St Brendan's and St Mary's.

Warden's Meeting - All wardens, welcomers and those interested in this ministry are invited to a meeting at the Parish Centre on the **16th March at 11am.** Light refreshments will be provided.



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Ph: (02) 4393 2443

Email: charmhaven@internode.on.net

Reminder to Register for Will/Power of Attorney - All adults are advised to have a Will however many do not & not aware of how to this. The Diocese is offering a Free Seminar on Wills, Enduring Guardianship and Powers of Attorney to help navigate your way to peace of mind. Specialist guest speaker at the seminar on Tues 12th March at the Caroline Chisholm Centre, Pennington Hills, will be solicitor **Cecilia Castle** from Castle Lawyers. Cecilia is a parishioner in the Diocese and will provide the opportunity for those attending to make a free Will through a donation to Pastoral Works Broken Bay or a Bequest to the Diocese or a Parish. All are welcome however you need to register now.

Date: Tuesday 12 March 2024, 10.30am-12.30pm

Registration: <https://www.trybooking.com/CPGPL>

Choir Practice for Holy Thursday at St Brendan's - All singers are invited to join in the practice for Holy Thursday Mass, this will be at 3.30pm on Thurs March 21st at St Brendan's.



Musicians Needed for St Mary's & St Brendan's

We are looking for musicians, especially guitarists and pianists who can play at our weekend Masses. There is a roster you can join and if you feel this is something you would like to do, please contact the Parish Office.

Palms for Palm Sunday - With Palm Sunday approaching on Sunday 24th March, donations of palms would be appreciated. Please leave palms at the Parish Office by Friday 22nd.



Chrism Mass Tuesday 26th March Waitara - The Parish Bus will leave St Mary's Church at 5.30pm. Limited seats available. Please call the Parish office to put your name down early if you would like to attend.

Birthday Morning Tea for Sr. Josie - A birthday morning tea celebration will take place for Sr. Josie on **17th March** after 9am Mass at St Mary's.



St Joseph Men's BBO Fri 12th April 7-8.30pm St Mary's Church

- "Iron sharpens iron, and one man sharpens another." Prov 27:17. All men over 18 are invited to an evening of gathering to share a meal and engage in discussion, camaraderie and personal growth. Share stories over a BBQ dinner & hear from our Guest Speaker about authentic vocation. The evening is open to men of all/no faiths.

Register at rb.gy/bdrtjp or scan the QR code. Please also see the flyer in the church foyer to scan and register. We also ask for prayers to the intercession of St Joseph for the success of this ministry.

Motto: Men Alive in Christ

Please pray for those who have died and those who are sick

Recently Deceased - Sr Tincy Thomas, Ken Newbold, Helen Elliott, Frank McGill

Anniversaries - John Mickelsen, Amparo Baex, Jack Goonan, Gloria Morath, Salvinea Vella, Vic Moir, George Castle, Gerundia Castanares, Rita Bowring, KJ Buckman, Milagros Llamas, Olga Salacic

Remembrances - John Kennedy, Stephens Cappa, Margie Hamer, Abraham Paul, Edward Reman, Mary Jane (Jean) Jurd, Alice Suico, Jose Castanares, Mary Cefai, Valmai Joseph & Stark Family, Wendy Woodhouse & Carol Brown, Brown & Miller family

Please Pray for the Sick - Cusick Family, Maree Campbell, Katherine Hoppett, Ann, Krissy & Craig Taylor, Gloria Smith, Tim Keogh, Peter Dormer, Patrick Hobson, Judy Kay, Marion Campbell, Wayne Stafford, Mark Wilson, Michelle Maroon, Diane Booth, Mick G, Kylie Musgrave, Avis Sullivan, Brian Fletcher, Rhondda Rey, Christine Yousef, Florian Stoffel, John & Bev Jessop, Graham & Sandra Campbell, Mia, Robbie Depares, De-Anne Richards, Jackie Chaplin, Michael Casey, Koen Mackaway, Eva Cusick, Melissa, Margaret Connolly, Rita Cini, Baby Mia Lilli, Maria Butseties, Shirley Campbell, Josh. R, Robyn Brand, Susan Simmons, Denis Tansey, Miklos Beothy & Liz Kelman.

March Birthdays

Islay Mahoney (1st)
Ivy Rosen (1st)
Brianna (5th)
Connie Camilleri (11th)
Michelle Sutherland (12th)
Terry Reid (14th)
Ampie Madden (15th)
Elsa Rosen (17th)
Jacqui Fletcher (17th)
Jo Spek (19th)
Sister Josie (19th)
Dan Buckman (21st)
Rose Huby (24th)



Diocesan Clergy Conference

Our Priests will be attending the Clergy Conference from 10am for the whole day on **Thursday 14th March.**



Pope Francis' Lenten Message

"Through the Desert God Leads us to Freedom" is the theme of Pope Francis' Message for Lent. Let us make room for God, who delivers us from all forms of slavery. May we welcome Lent as an opportunity for conversion.

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Male & Female

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility
Please call Anne-Marie

4396 1555

First Reading 2 Chronicles 36:14-16, 19-23

A reading from the second book of Chronicles

The wrath and the mercy of the Lord are revealed in the exile and liberation of his people.

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.'

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."'

The word of the Lord.

Thanks be to God.

Responsorial Psalm Ps 136

R. Let my tongue be silenced, if I ever forget you!

By the rivers of Babylon
there we sat and wept,
remembering Zion;
on the poplars that grew there
we hung up our harps. **R.**

For it was there that they asked us,
our captors, for songs,
our oppressors, for joy.
'Sing to us,' they said,
'one of Zion's songs.' **R.**

O how could we sing
the song of the Lord
on alien soil?
If I forget you, Jerusalem,
let my right hand wither! **R.**

O let my tongue
cleave my mouth
if I remember you not,
if I prize not Jerusalem
above all my joys! **R.**

Second Reading 1 C Ephesians 2:4-10

A reading from the letter of St Paul to the Ephesians

When we were dead through sins, he brought us to life.

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to

life with Christ - it is through grace that you have been saved - and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

The word of the Lord.

Thanks be to God.

Gospel Acclamation John 3:16

Glory and praise to you, Lord Jesus Christ!
God loved the world so much, he gave us his only Son,
that all who believe in him might have eternal life.
Glory and praise to you, Lord Jesus Christ!

Gospel John 3:14-21

God sent his Son into the world that we might be saved through him.

Jesus said to Nicodemus:
'The Son of Man must be lifted up
as Moses lifted up the serpent in the desert,
so that everyone who believes may have eternal life in him.
Yes, God loved the world so much
that he gave his only Son,
so that everyone who believed in him may not be lost
but may have eternal life.
For God sent his Son into the world
not to condemn the world,
but so that through him the world might be saved.
No one who believes in him will be condemned;
but whoever refuses to believe is condemned already,
because he has refused to believe
in the name of God's only Son.
On these grounds is sentence pronounced:
that though the light has come into the world
men have shown they prefer
darkness to the light
because their deeds were evil.
And indeed, everybody who does wrong
hates the light and avoids it,
for fear his actions should be exposed;
but the man who lives by the truth
comes out into the light,
so that it may be plainly seen that what he does is done in
God.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

**Next Sunday Fifth Sunday of Lent, Year B**

First Reading - Jeremiah 31:31-34

Second Reading - Hebrews 5:7-9

Gospel - John 12:20-30